



Taking Care of Your Mental Health

Mental health struggles can impact anyone. It is ok to not be ok, and there is help available.

Your mental health is just as important as your physical health.

Call for an appointment at
[507.642.3255](tel:507.642.3255).

- **Emotional well-being**
- **Psychological well-being**
- **Social well-being**

Emergency Help

Suicide & Crisis Lifeline

Call or chat at 988

Provides 24/7, free and confidential support.

Many local, state and national resources provide support for individuals seeking assistance with Mental Health issues. Visit our website for additional information.

Madelia Clinic:

Monday, 7 a.m. – 7 p.m.

Tuesday – Friday, 8 a.m. – 5 p.m.

Emergency Room Open 24/7



121 Drew Ave SE, Madelia, MN 56062
Madelia Clinic: 507.642.3255

www.madeliahealth.org



Mental Health Services

Where Care Comes First



www.madeliahealth.org

Services

Children & Adults

Psychiatric Evaluations
Medication Management
Diagnostic Assessments
Individual, Couples & Family Therapy
Infant and Early Childhood Services

Treatment Available for:

- Anxiety
- Attention and Concentration
- Depression
- Mood Disorders
- Stress Management
- Interruption in Caregiving Relationships
- Childhood Mental Health Concerns
- Abrupt or Frequent Stress Related Experiences
- Marital, Family & Relationship Issues
- Grief and Loss
- Life Transitions
- Caregiver Support
- Emotional Effects of Chronic Illness
- Developmental Disabilities
- Chronic Mental Health Conditions
- Identity Exploration
- Separation Distress

Where Care Comes First

Meet Our Providers

Our Mental Health professionals are committed to providing care that is compassionate, non-judgmental, and effective.

They function as members of a multidisciplinary team, and benefit from being part of a health care facility that includes multiple primary care clinics, a specialty clinic, and a hospital with a 24/7 Emergency Department.



Jaimee Kudrle
DNP, APRN, PMHNP-BC



Patrice Luker
LMFT



Robyn Schumacher
LMFT, LPCC, IMH-E



Take the next step toward wellness

The journey to healing begins with knowing that you are not alone. At Madelia Health, your mental health is viewed through a “whole-person” lens, because you deserve a caring, connected path to mental well-being.

Schedule an appointment today

 507.642.3255

 madeliahealth.org