

***If you are experiencing a mental health crisis, please call 988, 911, text 741741 and go to the nearest emergency room.**

Outpatient Counseling

Most provide diagnostic assessments, individual and family therapy. Some offer psychiatric evaluations, medication management and crisis intervention.

Madelia & Surrounding Communities

Madelia Health.....	507-642-5200
Moore Hope Mental Health	507-621-4654
Stepping Stones	507-380-5813
Empowered Insights.....	507-837-0497
In The Clouds Counseling.....	507-407-9775

New Ulm

New Ulm Medical Center (Allina), Outpatient Mental Health.....	507-217-5168
Eunoia.....	507-359-2080
Hoffmann Counseling.....	507-354-2444
Huseby Counseling Services.....	507-354-1144
Inspirations Child & Family Therapy....	507-469-3250
Jamie Rieser Counseling & Consulting..	507-354-0248
Mangata Counseling Services.....	507-353-0077
Prairie Family Counseling.....	507-766-7685
Serenity Family Counseling.....	507-338-5600
Meraki Legacy Counseling.....	507-328-0690
Hypnotherapy With Kelly.....	507-291-8444
Inspire Services.....	507-516-5625
Rising Hope.....	605-494-1500

Mankato

Catholic Charities.....	866-670-5163
Christian Family Solutions.....	800-438-1772
Clear Path Psychiatry PLLC	507-654-0020
Mankato Clinic, Department of Psychology and Psychiatry.....	507-387-3195
Blue Earth County HUB	507-304-4319

Open Door Health Center	507-388-2120
Prairie Care.....	507-322-5464
Rural Behavioral Health Clinic	507-389-1443
Sagent Behavioral Health	212-634-7459

Telehealth Services

Better Help.....	www.betterhelp.com
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Intensive Outpatient & Partial Hospitalization

New Ulm

Allina, New Ulm Medical Center.....	507-217-5168
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Mankato

Prairie Care.....	507-322-5464
Christian Family Solutions.....	800-438-1772

Crisis Services

Mobile Crisis Team and South Central Crisis Center (Residential Crisis Stabilization)	877-399-3040
Crisis Text Line.....	Text to: 741741
Nationwide Suicide and Crisis Lifeline.....	988
Yellow Ribbon Suicide Hotline.....	800-784-2433 or 800-273-8255

New Ulm

NUMAS Haus – (Emergency Shelter for Women and Children).....	507-359-2202
Southern Minnesota Crisis Nursery (Ivy House).....	507-766-6925

Mankato

Lutheran Social Services, Mankato Area Crisis Nursery.....	507-995-9259
Partners for Housing Mankato.....	507-387-2115
Connections Shelter	507-720-6907

Domestic Violence Resources

Committee Against Domestic Abuse (CADA)	507-233-6663 or 24 hour crisis line.....
Keep Me Safe Parenting Time Center....	507-354-2076

Hospital Psychiatric Units (In-Patient)

New Ulm Medical Center
Psychiatric Unit..... 507-217-5378
1324 Fifth North St.
New Ulm, MN 56073

Hutchinson Mental Health Hospital
Inpatient Mental Health..... 320-234-5000
1095 Highway 15 South..... 800-454-3903
Hutchinson, MN 55350

Mayo Clinic Health System, Mankato
Inpatient Behavioral Health..... 507-625-4031
1025 Marsh St..... 800-327-3721
Mankato MN, 56001

Case Management

Brown County Human Services..... 507-354-8246
Blue Earth County Human Services..... 507-304-4319
Faribault County Human Services..... 507-526-3265
Martin County Human Services..... 507-238-4757
Nicollet County Human Services..... 507-934-8559
Redwood County Human Services..... 507-637-4050
Renville County Human Services..... 507-523-2202
Sibley County Human Services..... 507-237-4000
Watonwan County Human Services..... 507-375-3294

Holistic Wellness

New Ulm

Healing Routines..... 507-353-0520
Living Well Energy Healing..... 651-283-1436
More Than Music..... 507-469-9035
Amoria..... 507-276-8662
Embrace Wellness 5 W Main, Madelia

Addiction Services

Inpatient/Residential

Hazelden Betty Ford Foundation..... 855-398-9132
Center City, MN

Wellcome Manor Family Services (For Women).....
507-546-3295.....Garden City, MN

Outpatient

Mankato

Advanced Psychological Services..... 877-909-5511
Fountain Centers..... 507-625-3372
House of Hope 507-625-4373
Mankato Chemical Health..... 507-229-0350
Sagent Behavioral Health..... 212-634-7459
Stages of Change..... 507-519-2285
Counseling Services of Southern MN..... 507-931-8040

St. Peter

New Beginnings- St. Peter..... 507-931-0918
Counseling Services of Southern MN..... 507-931-8040

Detox

Brown County Evaluation Center
New Ulm..... 507-359-9111

Other Services

Brown County Yellow Ribbon.....
..... browncoyelloribbon@gmail.com
2B Continued..... 320-854-4673
Crime Victim Services..... 507-233-6665
Disability Hub MN..... 1-866-333-2466
MN Aging Pathways 1-800-333-2433
Formerly Senior Linkage Line
Vine Faith in Action..... 507-387-1666
Southern MN Regional Legal Services... 877-696-6529