

Direct Access Lab Testing

One of the most basic aspects of health care reform is encouraging and enabling consumers to take more responsibility for their own wellness and disease prevention.

Direct Access Testing (DALT) allows individuals who want more control of their own health care the capability to have laboratory tests performed without a physician order.

Direct Access Testing is ideal for those patients who do not have health care insurance, or have high insurance deductibles and co-pays.

DALT Process

- A physician's order is not required.
- No appointment is necessary.
- Anyone under the age of 18 must be accompanied by a parent or guardian.
- Your insurance will not be billed. All tests must be paid for by cash, check or credit card at the time of the test.
- Results will be either given directly to the patient or mailed to them. The patient is responsible for providing their physician with the results.
- DALT testing may be requested at the Clinic or Hospital Reception Areas.

Madelia Health is Joint Commission and CLIA accredited, meeting all federal and state laws and regulations.



If you have questions about Direct Access Lab Testing call Madelia Health Laboratory at 507.642.3255



**121 Drew Ave. SE, Madelia, MN 56062
Clinic: 507.642.5200 | Hospital: 507.642.3255
www.madeliahealth.org**

Madelia Health is an equal opportunity provider and employer.



**Direct Access
Lab Testing
(DALT)**



**Monday - Friday
8 a.m. - 4:30 p.m.**

Madelia Health Laboratory

Where Care Comes First

Test Information:

Complete Blood Count (Hemogram) or CBC is an automated count of the cells in the blood. Results can provide information about the number of cell types, the size, shape, and physical characteristics of the cells. The CBC is used as a broad screening test to check for disorders like anemia, infection, and many other diseases.

Hemoglobin (Hgb) measures the amount of oxygen-carrying protein in the blood. This may be used to check for anemia, fluid loss, and dehydration, among other diseases.

Sedimentation Rate (ESR) measures the degree of inflammation in the body. It is used to help detect conditions associated with acute and chronic inflammation.

Protime/INR (PT) measures how long it takes for a clot to form in a sample of blood. This is used to help detect clotting and bleeding disorders.

Blood Type (ABO and Rh) is used to determine your blood group and what type of blood or blood components you can safely receive.

Urinalysis (UA) is a group of tests that detect the byproducts of metabolism, cells, and bacteria. It is used as a screening for different metabolic and kidney disorders.

Pregnancy Screen Test is used to determine if a female is pregnant. It may be performed on blood or urine.

Complete Metabolic Panel (CMP or CHEM 14) is performed to identify the status of a patient's kidneys, liver, blood sugar, electrolyte and acid-base balance.

Potassium (K) works to regulate the amount of fluid in the body, stimulate muscle contraction, and maintain acid-base balance.

AST (SGOT) enzyme test is used in the heart, liver, kidneys, and muscles. Test is used with the ALT to detect liver damage.

ALT (SGPT) enzyme is found in the liver and kidney. Test used with AST to detect liver injury.

LIPID Profile (Fasting) includes cholesterol, triglycerides, HDL, and LDL. This is used to determine your risk of heart disease.

Glucose (Fasting) Glucose is a simple sugar in the blood used to detect diabetes.

Glycosylated Hemoglobin (A₁C) evaluates the average amount of glucose in the blood over the last 2 to 3 months. Used to measure compliance in diabetics.

Prostate Specific Antigen (PSA) - This protein is produced by the prostate gland in males. Used as a screen for prostate cancer and to monitor the treatment effectiveness for prostate cancer.

Thyroid Stimulating Hormone (TSH) test is used to control the rate that the body uses energy.

Infuenza A & B will test for the 2 most common flu viruses.

Strep Test is used on patients with a sore throat. It will detect Group A Strep, also known as Strep Throat.

Test Prices*

| | |
|---------------------------------------|---------|
| Complete Blood Count | \$20 |
| Hemoglobin | \$15 |
| SED Rate..... | \$30 |
| Protime/INR..... | \$20 |
| Blood Type | \$25 |
| Urinalysis | \$15 |
| Pregnancy Test | \$20 |
| Complete Metabolic Profile (CMP)..... | \$30 |
| Potassium | \$12.50 |
| AST | \$12.50 |
| ALT | \$12.50 |
| Lipid Profile (Fasting) | \$30 |
| Glucose (Fasting) | \$12.50 |
| Glycosylated Hemoglobin (A1C) | \$25 |
| PSA | \$30 |
| TSH..... | \$30 |
| Flu A & B | \$85 |
| Strep Test..... | \$70 |
| Cholesterol (Fasting)..... | \$12.50 |
| Triglycerides (Fasting)..... | \$12.50 |
| COVID-19 | \$115 |

* Other tests may be available upon request.