



Goal No.	Goal	Action	Anticipated Impact	Resources Needed	Collaborations	Sustainability
			TEAM #1			
1 NS	Establish a local Yellow Ribbon Chapter	Connect with Yellow Ribbon to obtain guidelines and requirements for establishing a program. Evaluate the guidelines and determine implementation process steps.	An active local chapter to provide resources and education for those people asking for help and to bring awareness about and to prevent youth/teen suicide.	Staff time	Watonswan County Public Health, Yellow Ribbon Program, Madelia Public & Private Schools	A community effort that will rely on passionate individuals for sustainability. Madelia and the service area of Madelia Health has experienced several deaths by suicide so it is not felt it will be difficult to sustain the program.
2 NS	Foster partnerships with community & county organizations who share the same vision to improve the resiliency of children and teenagers	Partner with public schools to host resiliency boot camp during summer school	Students involved in summer school programs will develop resiliency techniques to assist in stress management	Staff time, materials	Madelia Public Schools, Watonswan County Mental Health workers	If successful, Madelia Health would continue to support the program with staff time and resources
3 S	Explore Zero Suicides practice for outpatient mental health clinic	Learn more about the practices in this model. Make decision to proceed or not proceed in outpatient clinic. Market the practice.	Reduction in the number of suicide attempts.	TBD	SHIP Watonswan County Public Health MN Dept of Health	Given the number of suicides occurring in recent years, Madelia Health providers are committed to innovative ways to reduce suicide attempts.
4 NS	Create awareness of the impact of proper nutrition on reducing obesity and improving mental health	Collaborate with MCBC on the efforts to educate community	Improve awareness of the impact of proper nutrition on physical and mental health	Staff time, materials	MCBC, Watonswan County Public Health, Madelia Public Schools, St. Mary's Elementary	Madelia Health & MCBC have been working together for over 10 years to educate the community on proper nutrition and mental health topics
5 S	Explore Wholesome Rx program and consider implementation in clinic setting	Educate target groups (0-18 and 65+) on making healthy choices 0-18 and the comorbidities affecting choices 65+. Implement Wholesome Rx programs in all 3 Madelia Health clinics.	Children will make better choices and Increase vegetable and fruit consumption. Elderly will understand how their choices are affecting comorbidities.	Staff time, grant dollars, materials	Local grocery stores SHIP MCBC Watonswan County Public Health Senior Living reps Area grocery stores	Madelia Health clinic providers buy-in will provide the sustainability. Should SHIP dollars no longer be available, other grant opportunities would be pursued to sustain the project.
6 S	Increase stroke survivorship	Create community awareness of stroke symptoms and need to call 911. Provide stroke screening for early detection of at-risk patients.	Create awareness Detect high risk patients. Early intervention	Staff time Material resources	United (whoever does our stroke codes)	Awareness and education as an expected community outreach effort for Madelia Health Ambulance. Stroke Screening becomes new service offered by Madelia Health.

7 S	Analyze health equity data to streamline care for all	<ul style="list-style-type: none"> • Cerner implementation • Begin data collection • Review/analyze data • Monitor/analyze missed appointments - people don't miss appointments because they forget. They are avoiding us...why? 	Reduce/remove social determinants of health and increase use of preventive health	Staff time	Cerner, Watonwan County Public Health, MCBC, Madelia Public Schools, St. Mary's Elementary	Madelia Health will have means to obtain data after Cerner implementation. Community connections through MCBC will continue the efforts to streamline care and reduce/remove the social determinants of health.
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